



Children make delicious-looking red, yellow, or green apples.

### Materials

- page 184, reproduced, one per child
- page 185, reproduced one per child
- red, yellow, and light green construction paper
- white construction paper
- crayons
- scissors
- glue
- apple seeds (optional)

## Colorful Apples

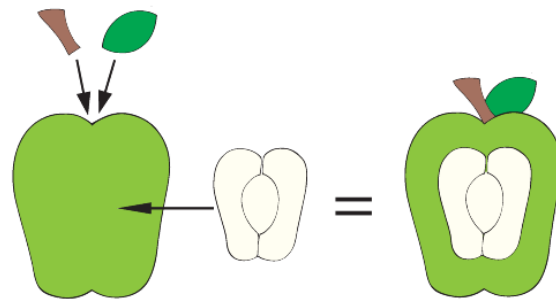
### Preparation

1. Prepare an art center with all materials assembled.
2. Reproduce page 184 on red, yellow, and light green construction paper. This will give you a variety of apples. Each child will choose one apple.
3. Reproduce page 185 on white construction paper for each child.



### Steps to Follow

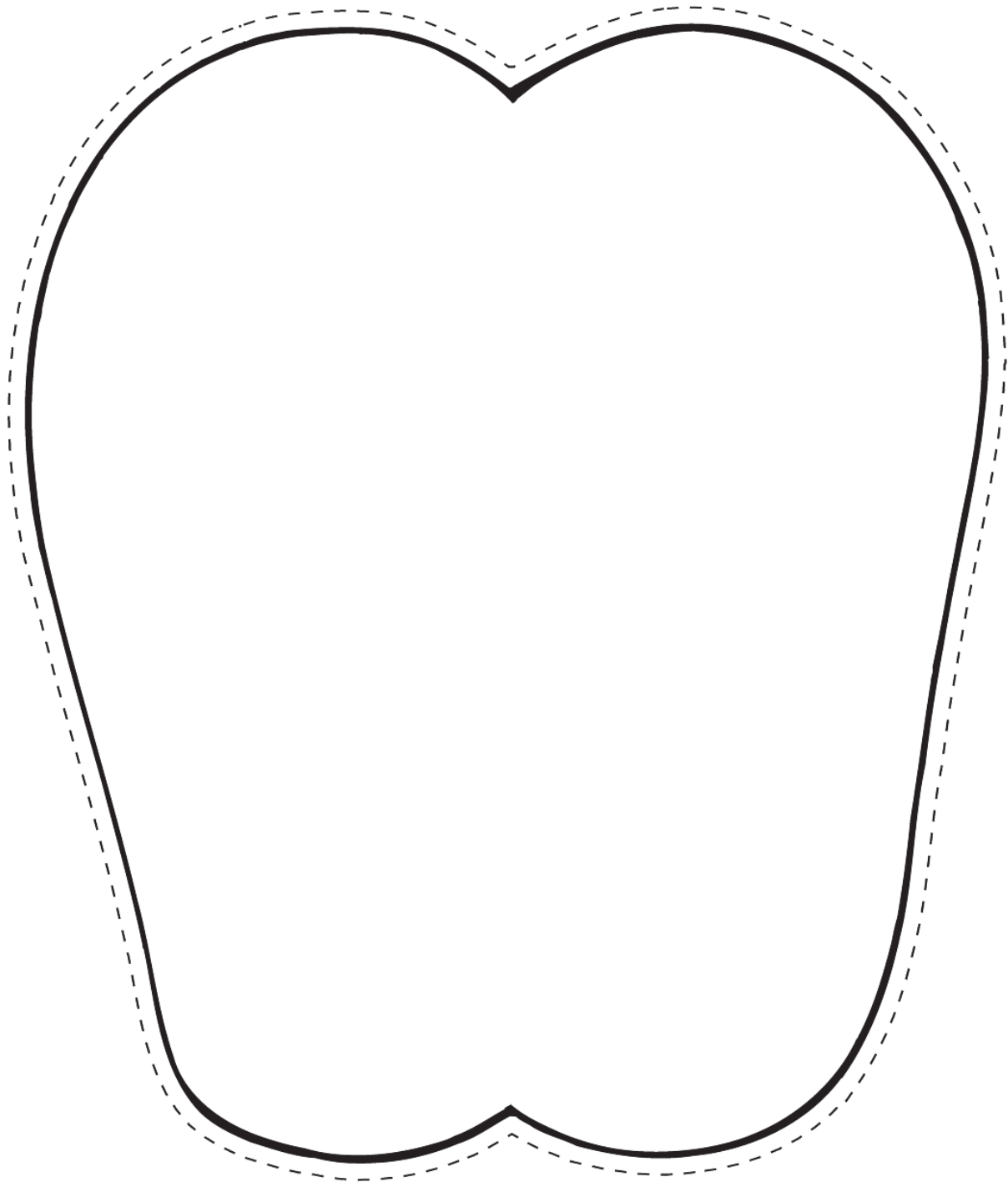
1. Children choose an apple color and then cut out the apple (page 184).
2. They color the other apple parts (page 185) and then cut them out.
3. Then children glue the apple parts to the construction paper apple.



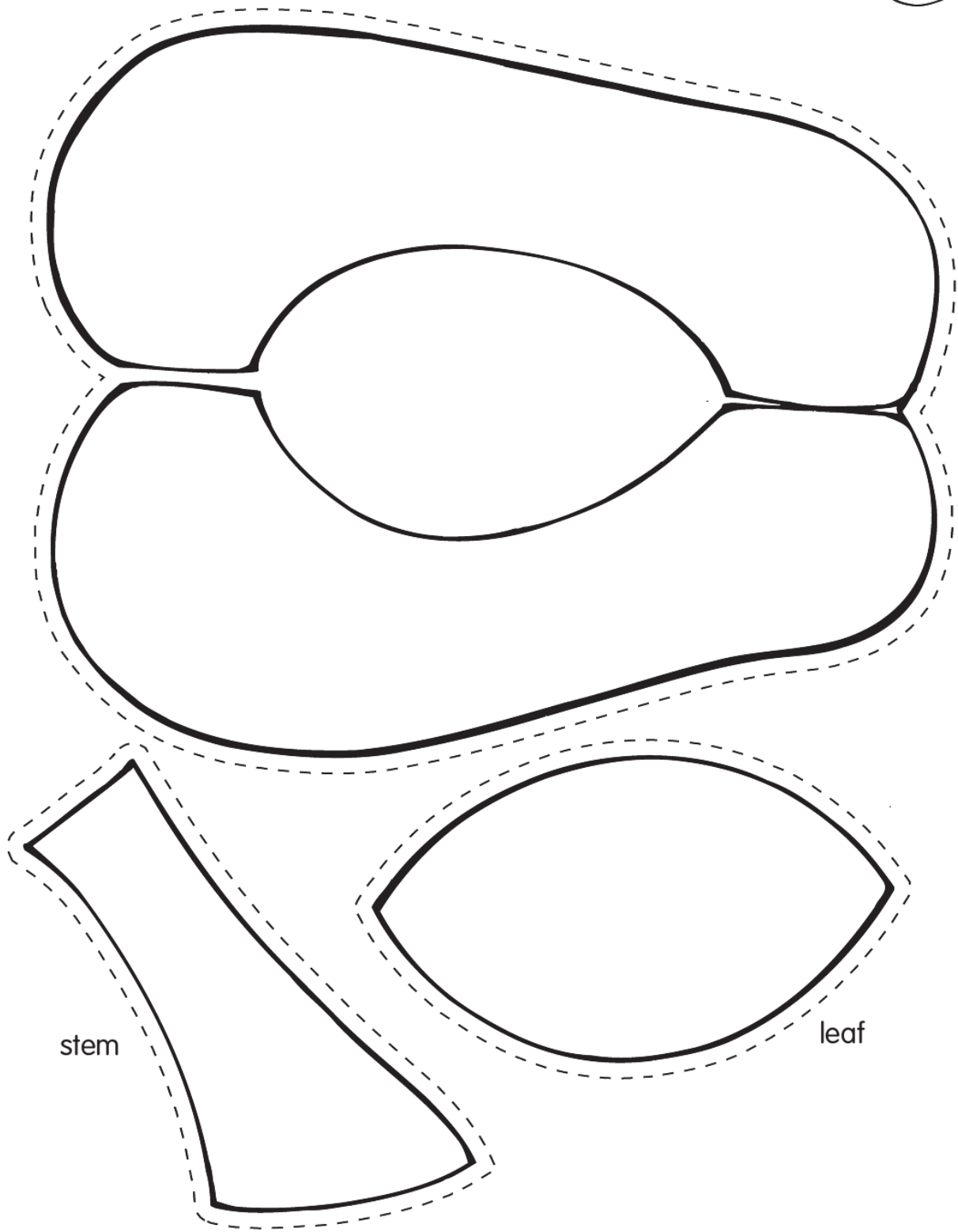
4. Children use crayons to draw (or glue real apple seeds) in the center of the apple.

### Extension

Have children describe their apples. *I have a green apple. It has black seeds in the middle. Green apples taste good.*



**Note:** Reproduce these patterns to use with Colorful Apples art activity.





# Applesauce

## Preparation

1. Prepare a cooking center containing all the materials needed to make the applesauce.
2. Cut apples into cubes.

## Steps to Follow

1. Show children the ingredients and ask them to identify each one.
2. Call on children to assist in measuring and pouring the sugar and water into the pot. Then allow them to place the apple cubes in the pot.
3. Simmer the apples for 20 to 25 minutes. Stir occasionally. (It will require much less cooking time if you are using a microwave oven.) Add more water if needed.
4. While the applesauce is cooking, reread “The Apple’s Adventure” to children.
5. Ask children to share stories about some of the things they have eaten that are made from apples or other fruits.
6. Once the applesauce has cooled, select one or more children to spoon it into cups and distribute it to classmates to eat.

Children help turn apples into delicious applesauce.

## Materials

- 2 pounds of tart cooking apples
- $\frac{1}{2}$  to  $\frac{3}{8}$  cup (100 to 135 g) sugar (depends on the tartness of the apples)
- $\frac{1}{2}$  cup (115 mL) water
- sharp knife (for adult use only)
- small plastic or paper cups
- plastic spoons
- large spoon
- paper towels
- cutting board
- hot plate or microwave oven (If you use a hot plate, tape off an area where children are not to enter during cooking.)
- pot or microwave container
- measuring cup

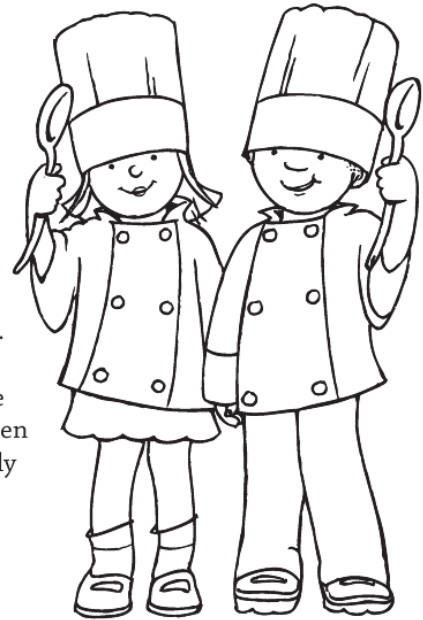


## Dear Parent(s) or Guardian(s),

Today we cooked in class. Your child helped prepare fresh applesauce. Besides having fun cooking and eating, the children practiced these skills:

- vocabulary and concept development
- listening to and following directions
- using small motor skills

For our unit *The Farm*, we will send home a variety of new recipes. Each recipe will be one that your child has tried in class and is excited about. We hope you have an opportunity to try this recipe again with your child. Allowing your child to help you in the kitchen is a wonderful way to reinforce learning skills while creating family memories.



## Applesauce

### Materials

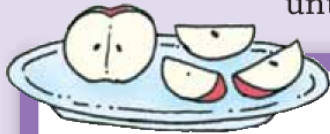
- 2 pounds of tart cooking apples
- $\frac{1}{2}$  to  $\frac{3}{8}$  cup (100 to 135 g) sugar (depends on the tartness of the apples)
- $\frac{1}{2}$  cup (115 mL) water
- sharp knife (for adult use only)
- large spoon
- cutting board
- saucepan or microwave container
- measuring cup

### Steps to Follow

1. Cut the apples into cubes at the center.
2. Allow your child to help measure the sugar and water to go into the pan and then place the apple cubes in the pan.
3. Simmer the apples for 20 to 25 minutes. Stir occasionally. (It will require much less cooking time if you are using a microwave oven.) Add more water if needed. While the applesauce is cooking, read the "Apple's Adventure" book your child brought home. Talk about some of the things your family eats that are made from apples or other fruits.
4. Once the applesauce has cooled, spoon some into a dish and enjoy!

## From My Farm to Your House

This section focuses on one farm crop (apples) from the time it is planted on the farm until it is purchased and then eaten at home.



### Circle-Time Book

The Apple's Adventure .....163  
(See page 4 for ideas on sharing the book.)

*Skills: listening, using picture clues, left to right tracking, predicting, recalling story details, vocabulary and concept development, identifying characters*

### Take-Home Book

The Apple's Adventure .....173

### Story Comprehension

Apples! .....178  
*Skills: recalling story content, sequencing*

### Storyboard Pieces

The Apple's Adventure .....179  
(See page 9 for ideas on using the storyboard pieces.)  
*Skills: recalling story content, sequencing*

### Art Activity

Colorful Apples .....183  
*Skills: listening to and following directions, using small motor skills*

### Cooking Activity

Applesauce .....186  
*Skills: listening to and following directions, developing vocabulary, practicing measurement, using small motor skills*

### Basic Skills Activity—Language

Apple Tree Rhymes .....188  
*Skills: identifying rhyming words, using small motor skills*

### Basic Skills Activity—Math

A Snack in a Tree .....189  
*Skills: recognizing numerals, counting in sequence*

### Center Activity

Beanbag Toss .....190  
*Skills: utilizing vocabulary, using large motor skills*

### Outdoor and Music Activity

On My Farm .....191  
*Skills: recalling song verses, creating appropriate actions, using large motor skills*

